



2010 Prayer Guide

A 31 Day Prayer Journey Together

CODY MISSIONARY ALLIANCE CHURCH

**“Pray in the Spirit on all occasions with
all kinds of prayers and requests...always keep on praying...”**
Ephesians 6:18

How many of us can identify with Jesus’ disciples telling the Master, “Lord, teach us to pray the way you pray?” That’s exactly what Jesus wants to help us do. Christ has invited us to enroll in His school of prayer. There are plenty of lessons to learn, and opportunities for our faith to be stretched.

Our hope is that over the next 31 days, you would walk with us in this Prayer Journey. Set aside 10-15 minutes each day in a quiet location and commit to invest some quality time with God. Once you’re done the journey once, go back and do it again. After 3 months, you will have developed a solid prayer habit.

For The Next 31 Days

Each day’s prayer focus is broken down into 2 parts. The first half gives a suggested focus on what to pray, along with a Bible passage to reflect on. The second half suggests how to approach your prayers. If you will discipline yourself to complete the journey, and then repeat this pattern over the next several months, we believe that God will teach you how to develop a prayer life that imitates Jesus’ prayer life.

Day 1

What To Pray:

For the fullness of God’s Spirit to empower you to live fully for Jesus.
(Ephesians 3:16)

How To Pray:

Ask the Father for the Spirit’s fullness, like a child asking for a cookie. He delights in giving good gifts to His children. *(Luke 11:13)*

Day 2

What To Pray:

For the whole armor of God to cover your life as you stand firm in the battle to advance His Kingdom. *(Ephesians 6:10-11)*

How To Pray:

Boldly & confidently as the Spirit cries out “Abba, Father.” *(Galatians 4:6)*

Day 3

What To Pray:

For a spirit of supplication (a burden to pray for others that won't go away), that God would burden your heart to become a prayer warrior for Him.

(Zechariah 12:10)

How To Pray:

With anticipation, as God has promised to pour out His provision in a measure that is pressed down, shaken together and spilling over the sides.

(Luke 6:38)

Day 4

What To Pray:

For “all the saints,” that your brothers & sisters in Christ will grow to become more and more like Jesus. *(2 Corinthians 3:18)*

How To Pray:

With a spirit of humility that counts them as being more important to the Kingdom than yourself. *(Ephesians 2:3)*

Day 5

What To Pray:

For the Spirit of the Lord to have freedom in your life to shape you to become more like Jesus. *(2 Corinthians 3:17)*

How To Pray:

With an attitude of brokenness that recognizes how far your thoughts and attitudes are from the selfless heart of Jesus. *(Philippians 2:5)*

Day 6

What To Pray:

For a heart of obedience that hears the words of the LORD and swiftly obeys them. *(John 14:23)*

How To Pray:

With a repentant heart, asking forgiveness for the many times that you heard the LORD speak but refused to obey. *(Luke 18:13)*

Day 7

What To Pray:

For the Spirit of God to produce His fruit in your life so that you might fully live by the Spirit. *(Galatians 5:22-23)*

How To Pray:

With utter dependence on Jesus to produce His life in you, as the branch is dependent on the vine for its very life. *(John 15:5)*

Day 8

What To Pray:

For God's Spirit to keep you from falling in love with the world that appeals to your sinful desires. (*1 John 2:15-17*)

How To Pray:

With confidence that God is able to keep you from falling and to guard what He has given you. (*John 17:11 & 17:15-16*)

Day 9

What To Pray:

That you might grasp in a deeper way the dimensions of God's great love in Christ and that you would experience His love in a very personal way. (*Ephesians 3:17-19*)

How To Pray:

With great expectation, that God will do far more than you ask or imagine. (*Ephesians 3:20-21*)

Day 10

What To Pray:

That you will live worthy of the calling, by becoming an instrument of unity in the church, through patience & bearing with one another in love. (*Ephesians 4:1-2*)

How To Pray:

With a heart that is open to the Holy Spirit revealing how you may have broken unity in the Body and seek His forgiveness. (*Colossians 3:13*)

Day 11

What To Pray:

For the spirit of unity and love to flow in the life of the church, as a testimony to Jesus. (*John 17:23*)

How To Pray:

With a heart that is willing to boldly step up and openly express that unity & love to your church family. (*John 13:34-35*)

Day 12

What To Pray:

For those who have not yet found salvation in Christ, and are still lost in spiritual darkness. (*Acts 1:8*)

How To Pray:

As those posted on the walls of the city, crying out earnestly. (*Isaiah 62:6*)

Day 13

What To Pray:

That God's rich provision would be shown through the generous giving of His people toward the work of ministry. (*2 Corinthians 9:8,11*)

How To Pray:

With joy at the opportunity to become the answer to your own prayer, as the LORD calls you to give generously. (*2 Corinthians 8:11*)

Day 14

What To Pray:

For the Shekinah glory (see Exodus 40:34-35) of the LORD to fill His church, revealing the glory of Jesus. (*Revelation 1:14-16*)

How To Pray:

That when the people of God gather for worship, they would sense His presence, and worship in spirit and in truth. (*John 4:24*)

Day 15

What To Pray:

For the spirit of holiness to permeate the hearts & souls of God's people, that we would be holy as He is holy. (*1 Peter 1:15-16*)

How To Pray:

That God Himself, the God of peace would sanctify us (make us holy as He is holy) completely. (*1 Thessalonians 5:23-24*)

Day 16

What To Pray:

For God to call out harvesters from the church, to go out and reach the nations with the Gospel. (*Acts 13:1-2*)

How To Pray:

With confidence, that the Lord of the Harvest will raise up and send out workers into His fields. (*Matthew 9:38*)

Day 17

What To Pray:

For God to draw back to Himself those brothers or sisters in Christ that you know have fallen away or are on dangerous ground. (*1 John 5:16*)

How To Pray:

With perseverance, trusting God to break through the spiritual hardness and restore them to Himself. (*James 5:19-20*)

Day 18

What To Pray:

That God would remove the mountains that stand in the way of the church growing in our community. (*Mark 11:22-23*)

How To Pray:

With confidence, because God is committed to build His church no matter how the enemy tries to thwart Him. (*Matthew 16:18-19*)

Day 19

What To Pray:

For the Spirit's ministry of conviction (where God reveals sin issues in our lives) to flow unhindered in our community, starting with the church. (*John 16:7-8*)

How To Pray:

With a heart that longs to be fully conformed to Jesus, and is quick to confess sin and return to God. (*1 John 1:9*)

Day 20

What To Pray:

For the youth of our community to recognize the emptiness of life without God and to earnestly seek Him. (*Isaiah 55:6-7*)

How To Pray:

That God would lay the lostness of teens deep in our hearts, and that the desire of our hearts would be for them to become part of the church today, and leaders of the future church. (*Psalms 20:4*)

Day 21

What To Pray:

For those who serve in positions of leadership & authority in our country and community - the President, Congress, the Supreme Court justices, the Governor, the State Legislature, the City Council, the County Commissioners - that they would lead according to God's principles & purposes. (*1 Timothy 2:1-2*)

How To Pray:

With boldness because these people only lead by God's sovereign grace, and His plans will always prevail. (*Ephesians 1:11-12*)

Day 22

What To Pray:

For those who are suffering hardship and especially for Christians who are being persecuted, imprisoned & killed for their devotion to Jesus.

(Hebrews 13:3)

How To Pray:

That they would experience Christ's presence in the midst of their suffering, and for His peace to comfort them in the face of hatred & brutality.

(Romans 12:12)

Day 23

What To Pray:

For the Holy Spirit to remove the spiritual blindness from those who are lost, and draw them into a saving knowledge of Jesus Christ. *(2 Corinthians 4:4)*

How To Pray:

With faith that God will do what He has promised, because He is not willing that any should perish. *(2 Peter 3:9)*

Day 24

What To Pray:

For God to guide your words & interaction with those around you, that you may shine as a bold witness for Jesus. *(Matthew 5:16)*

How To Pray:

With humble dependence on the Holy Spirit to show you when He is opening doors of opportunity to testify to Christ's impact on your life.

(Acts 16:6-10)

Day 25

What To Pray:

That the church family would be one in Christ, and that our worship & service for Him would be empowered by His Spirit. *(Romans 15:5-6)*

How To Pray:

With a heart commitment that will pursue unity within the church, and make every effort to keep the bond of peace. *(Ephesians 4:3-6)*

Day 26

What To Pray:

That God's people will recognize their calling to be His channel of blessing to the nations, and do their part to take the Gospel to the last unreached people groups. *(Genesis 12:2-3)*

How To Pray:

With anticipation, that God will open opportunities in each of our lives to step up and be partners in reaching the final unreached people groups of the world. *(Matthew 24:14)*

Day 27

What To Pray:

For the church to stay vitally connected to Jesus so that we can bear much fruit to the praise of His glory. (*John 15:1-8*)

How To Pray:

In an attitude of dependence that recognizes that He is our very life, apart from Him we can do nothing. (*John 15:4*)

Day 28

What To Pray:

That God's people would run the race of faith with perseverance, with their eyes firmly fixed on Jesus. (*Hebrews 12:1-3*)

How To Pray:

As those who have been called to wrestle in prayer for each other, that we might be all that God has called us to be. (*Colossians 4:12*)

Day 29

What to pray:

That God's people would let their lights shine through loving good deeds that will push back the darkness. (*Matthew 5:16*)

How to pray:

That we would live such good, godly lives before those who reject God, that they will see our good deeds and be drawn to the Father. (*1 Peter 2:12*)

Day 30

What to pray:

That God's people would continue to grow deeper in the grace & knowledge of the Lord Jesus Christ. (*2 Peter 3:18*)

How to pray:

That we would be intentional in making every effort to add to our faith, goodness; to goodness, knowledge; to knowledge, self-control; to self-control, perseverance; to perseverance, godliness; to godliness, brotherly kindness; and to brotherly kindness, love. (*2 Peter 1:5-7*)

Day 31

What to pray:

That we would be a spiritual house built with living stones, offering spiritual sacrifices made acceptable to God through Jesus Christ. (*1 Peter 2:5*)

How to pray:

For a spirit of praise & worship to fill the church even as we celebrate Jesus by serving others sacrificially. (*Hebrews 13:15-16*)